

Live. Work.

# PLAY!

Washington County, Maryland



2021-2022  
**Winter Programs**

## TABLE OF CONTENTS & RECREATION DEPARTMENT INFORMATION

### HOW TO REGISTER

Here are the different ways you can register for recreation programs and special events:

**Online Registration:** [www.washcorecfit.com](http://www.washcorecfit.com) or click on the Activity Number hyperlink located throughout this document.

**Mail-in Registration:** Print completed form and mail to Washington County Recreation Department, Hagerstown Community College, 11400 Robinwood Dr., 2nd floor, Room 227, Hagerstown, MD 21742

### OFFICE LOCATION & HOURS

The Washington County Recreation Department office is located at the ARCC Building at Hagerstown Community College, 11400 Robinwood Drive. We are located on the 2nd floor, Room 227.

Office hours: Monday-Friday 7:30 a.m. - 4:00 p.m.

\*Holiday hours are posted on our website.

### CONTACT & STAFF INFORMATION

Office telephone: (240) 313-2805

E-mail: [recsupport@washco-md.net](mailto:recsupport@washco-md.net)

Weather hotline: (240) 313-2811

Jaime Dick, Parks and Recreation Director  
(240) 313-2808 • [jdick@washco-md.net](mailto:jdick@washco-md.net)

Rob Holsinger, Recreation Supervisor  
(240) 313-2812 • [rholsinger@washco-md.net](mailto:rholsinger@washco-md.net)

Miranda Crabtree, Program Coordinator  
(240) 313-2810 • [mcrabtree@washco-md.net](mailto:mcrabtree@washco-md.net)

Duc Trieu, Program Coordinator  
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Jeannine McVicker, Sr. Office Associate  
(240) 313-2809 • [jmckvicker@washco-md.net](mailto:jmckvicker@washco-md.net)

### WASHINGTON COUNTY BOARD OF COUNTY COMMISSIONERS

Jeffrey Cline, President

Terry Baker, Vice-President

Wayne Keefer, Commissioner

Randall Wagner, Commissioner

Charles Burkett, Commissioner

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\* Please note that on the Fee Section of the activities in the brochure: IC = In County Fee  
OC = Out of County Fee and S = Senior Fee



**Follow Washington County Parks & Recreation on social media to stay up-to-date on new programs and activities, weather cancellations and special events!**



@WashingtonCoParksandRec



## SPECIAL EVENTS



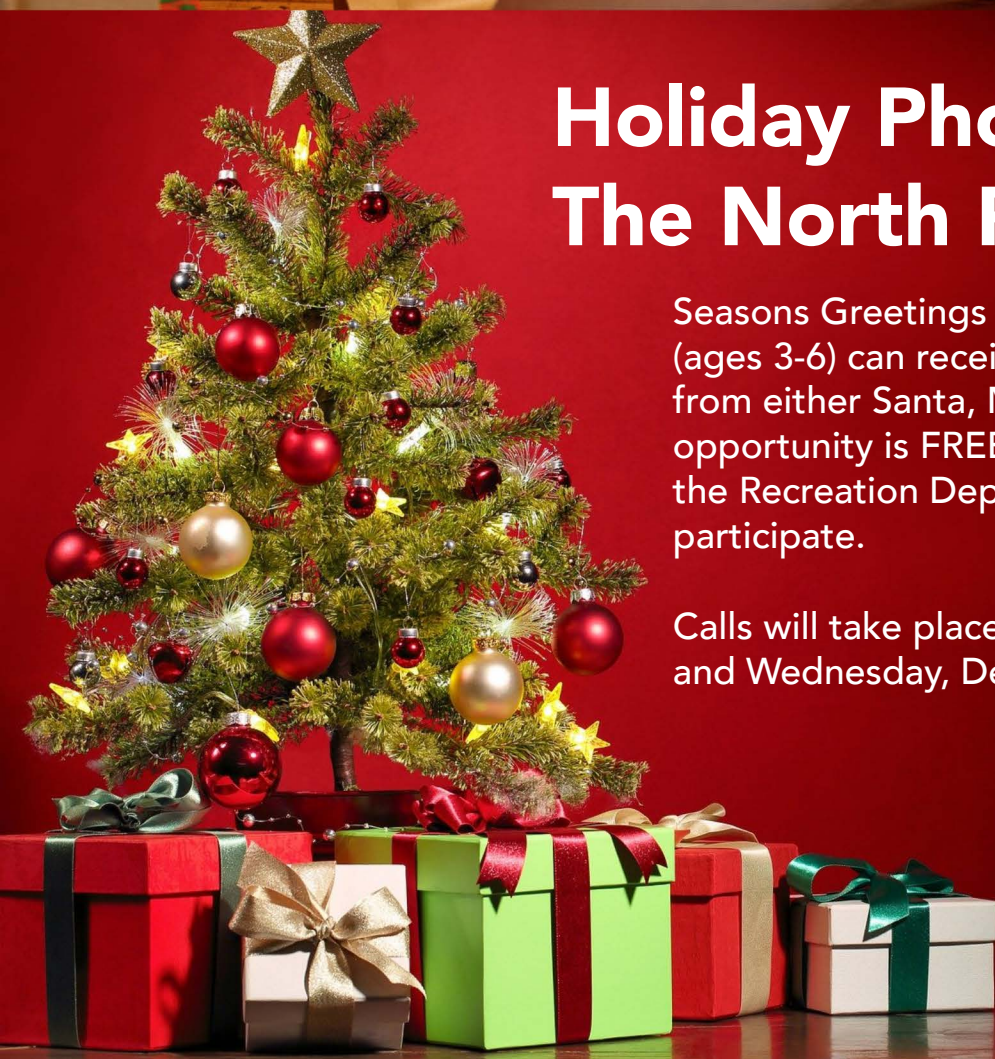
Children ages 3-6 years old can receive a personal telephone call from the North Pole this holiday season!



## Holiday Phone Calls From The North Pole

Seasons Greetings from the North Pole! Your child (ages 3-6) can receive a special call this December from either Santa, Mrs. Claus or their elves! This opportunity is FREE! Submit a completed form to the Recreation Department (see following page) to participate.

Calls will take place on Tuesday, December 14, 2021 and Wednesday, December 15, 2021.



# Holiday Phone Calls from the North Pole

**Please check the date and time block to call your child.**

|   |  |
|---|--|
| Tuesday, December 14th<br>6:00pm-6:30pm   |  |
| Tuesday, December 14th<br>6:30pm-7:00pm   |  |
| Tuesday, December 14th<br>7:00pm-7:30pm   |  |
| Tuesday, December 14th<br>7:30pm-8:00pm   |  |
|   |  |
| Wednesday, December 15th<br>6:00pm-6:30pm |  |
| Wednesday, December 15th<br>6:30pm-7:00pm |  |
| Wednesday, December 15th<br>7:00pm-7:30pm |  |
| Wednesday, December 15th<br>7:30pm-8:00pm |  |

Children ages 3-6 years old can receive a personal phone call from the North Pole this holiday season. Mr. and Mrs. Claus, along with a couple elves, will be making calls on Tuesday & Wednesday, December 14th and 15th from 6:00pm-8:00pm.

Please fill out this form completely and return to:

**Washington County Recreation Department**

Mail: 11400 Robinwood Dr, Hagerstown, MD, 21742

Fax: 240-313-2806

Email: [recsupport@washco-md.net](mailto:recsupport@washco-md.net)

## Important Information:

Forms must be received by Dec. 13th at 4:00pm.

This is a FREE activity

Because of the volume of calls that are made, we will only try up to three (3) times to reach your child.

Please make sure that your child is home during the time that you selected.

This is only a phone call. NO GIFTS are distributed during this activity.

Please fill out ONE FORM PER CHILD. You may make copies if necessary, for additional children.

This information is used as a "Reminder Sheet" and will not be distributed to outside sources.

Parent/Guardian permission is REQUIRED.

Forms without parental signatures will not be processed!

|                           |  |
|---------------------------|--|
| Phone Number to Call:     |  |
| Child's Name or Nickname: |  |
| Child's Age as of Call:   |  |
| Child's Gender:           |  |

|                         |  |
|-------------------------|--|
| School/Daycare Name:    |  |
| Teacher's Name:         |  |
| Child's Grade:          |  |
| Child's Favorite Color: |  |

|                       |       |       |
|-----------------------|-------|-------|
| Pets:<br>(List Names) | Dogs: | Cats: |
| Other:                |       |       |

|                                 |          |         |
|---------------------------------|----------|---------|
|                                 | Brothers | Sisters |
| Siblings<br>(List Name and Age) |          |         |

Child's Christmas Whishes (Those MOST likely to be received):

|  |
|--|
|  |
|--|

Other Helpful Information: (sports, hobbies, etc.) Attached additional paper if needed:

|  |
|--|
|  |
|--|



Parent/Guardian Signature:

Date:



## SPECIAL EVENTS



## HOLIDAY PICKLE HUNT

**This is a FREE Family Event!**  
**Clues will be available on the Washington County Recreation Department Facebook page.**

*A group of winners from last year's event!*



## Holiday Pickle Hunt

Find the Holiday Pickles hidden in our Washington County Park locations! This is a FREE event for the entire family. **The hunt will be December 13, 2021 through December 17, 2021 for Holiday Prizes.**

Clues are available on the Washington County Recreation Department Facebook Page. Follow and like our page to participate in this exciting holiday event!



<https://www.facebook.com/WashingtonCoParksandRec>



## SPECIAL EVENTS

# YOUTH WINTER PAINT NIGHT



### ABOUT THIS EVENT

Join us for Youth Winter Paint Night! Participants must be 15 years old or younger. Craft and paint supplies are included with registration. You must have a ticket to participate. This is a popular event, please register early.

### LOCATION:

**Hagerstown Community College  
ARCC (Classroom)**

**FEE: \$10**

**DATE: February 4, 2022  
TIME: 6PM - 8PM**

Register at [www.washcorecfit.com](http://www.washcorecfit.com)



## SPECIAL EVENTS



## JOIN US FOR FAMILY SKATE NIGHTS!

This family fun event is held at either Turner's Skate Palace or Starland Skating Center depending on the date. Only \$5 for admission and skates!

### TURNER'S SKATE PALACE

- January 25, 2022 | 6:30PM - 8:30PM
- March 7, 2022 | 6:30PM - 8:30PM

### STARLAND SKATING CENTER

- February 18, 2022 | 7:30PM - 10:30PM
- April 8, 2022 | 7:30PM - 10:30PM

# Family Skate Nights!

# ONLY \$5

includes admission & skates

## SPECIAL EVENTS



# /// SUPERHERO PARTY ///

### **About this event:**

A family friendly event for your young Superhero fans. Activities include: craft activities, super hero games, moon bounce, and more!

This event goes beyond the Superhero Meet and Greet atmosphere. Child tickets are exchanged for a hero bag that will contain items to be used at various activity stations. Activity stations will be available throughout the event and are included with your ticket admission. Activities included with the child admission ticket include: bat cave shopping, sand art, temporary superhero tattoos, moon bounce, scooters, coloring activities, magic shows, and more. Costumes are encouraged and will be showcased in a Parade of Super Heroes to conclude the event.

### **Location:**

Hagerstown Community College  
ARCC, Gym

### **Date & Time:**

February 18, 2022  
6:00PM - 8:00PM

### **Fee:**

Child Ticket (1-12 years) - \$7  
Adult Ticket (13+ years) - Free

***This event is VERY popular and tickets sell out quickly. Register at [www.washco-md.net](http://www.washco-md.net)***



## YOUTH PROGRAMS



### TINY ALL-STARs

Get your tiny All-Star indoors for this fun 6 week program. During this time they will get introduced to the basics of sports (throwing, kicking, shooting, etc). They will also play a variety of skilled activities (obstacle courses, tag games, and much more. Please be sure your All-Star is wearing comfortable tennis shoes and bring a bottle of water. For ages 3-4 years.

| Registration             | Date          | Day | Time     | Fee (IC/OC) |
|--------------------------|---------------|-----|----------|-------------|
| <a href="#">110310-A</a> | 2/2/22-3/9/22 | W   | 5:30-6PM | \$30/\$40   |

Location: Ruth Ann Monroe

### ALL-STARs

Get your All-Star indoors for this fun 6 week program. During this time they will get introduced to the basics of sports (throwing, kicking, shooting, etc). They will also play a variety of skilled activities (obstacle courses, tag games, and much more). Please be sure your All-Star is wearing comfortable tennis shoes and bring a bottle of water. For ages 5-7 years.

| Registration             | Date          | Day | Time     | Fee (IC/OC) |
|--------------------------|---------------|-----|----------|-------------|
| <a href="#">121110-A</a> | 2/2/22-3/9/22 | W   | 6:15-7PM | \$30/\$40   |

Location: Ruth Ann Monroe



### TUMBLING TOTS

Parent - child class with a focus on building foundational language development, social skills, and confidence through music and learning themes! This class will help to build core, upper and lower body strength, and balance with a gymnastics-based curriculum. Our Tumbling tots will learn more about movement and strength while we help prepare them to be preschoolers. For ages 1-3 years.

| Registration             | Date            | Day | Time        | Fee (IC/OC) |
|--------------------------|-----------------|-----|-------------|-------------|
| <a href="#">121101-A</a> | 1/10/22-2/14/22 | M   | 5:30-6:15PM | \$60        |
| <a href="#">121101-B</a> | 3/14/22-4/18/22 | M   | 5:30-6:15PM | \$60        |

Location: Ruth Ann Monroe



### LITTLE NINJAS

A transitional program for children learning to engage with a group and participate in activities. This class will have a combination of physical challenges, including swinging, jumping, hanging and climbing to build your child's core/upper body/lower-body strength. This class will develop skills such as balance, free-running, vaulting, and parkour skills in a confidence-boosting environment! (Partial parent participation) For ages 3-5 years.

| Registration             | Date            | Day | Time     | Fee (IC/OC) |
|--------------------------|-----------------|-----|----------|-------------|
| <a href="#">121102-A</a> | 1/10/22-2/14/22 | M   | 6:15-7PM | \$60        |
| <a href="#">121102-B</a> | 3/14/22-4/18/22 | M   | 6:15-7PM | \$60        |

Location: Ruth Ann Monroe

### NEW MOVES

A transitional program for children looking to build foundational gymnastics skills while having fun! This class will have a gymnastics based curriculum which includes core/upper body/lower body strengthening, balance, and bilateral coordination, and basic tumbling skills. For ages 3-6 years.

| Registration             | Date            | Day | Time     | Fee (IC/OC) |
|--------------------------|-----------------|-----|----------|-------------|
| <a href="#">121103-A</a> | 1/10/22-2/14/22 | M   | 7-7:45PM | \$60        |
| <a href="#">121103-B</a> | 3/14/22-4/18/22 | M   | 7-7:45PM | \$60        |

Location: Ruth Ann Monroe



### YOUTH SHOTOKAN KARATE

The basic objectives of these traditional Japanese Karate classes are to develop character while physically and mentally strengthening and conditioning the individual. Instruction is led by Robert O'Brien. Uniform and testing are optional and require additional fees. Adult classes listed in Adult Programs category. For ages 7-13 years.

| Registration             | Date            | Day   | Time        | Fee (IC/OC) |
|--------------------------|-----------------|-------|-------------|-------------|
| <a href="#">120410-A</a> | 1/11/22-4/28/22 | Tu,Th | 6:30-7:30PM | \$75/\$85   |

Location: Ruth Ann Monroe

## YOUTH PROGRAMS



### HAPPY FEET KIDS TRACK CLUB

Children will participate in a wide variety of running exercises. This program centers around physical activity and how it relates to a healthy and happy lifestyle. Designed for fun, fitness, and participation. For ages 5-8 years.

| Registration             | Date            | Day | Time     | Fee (IC/OC) |
|--------------------------|-----------------|-----|----------|-------------|
| <a href="#">120405-A</a> | 3/15/22-4/19/22 | Tu  | 6-6:45PM | \$35/\$45   |

Location: ARCC at HCC

### RECREATIONAL TRACK CLUB

This is a non-competitive, fitness building club. Participants will be introduced to sprinting, distance running and field events. For ages 9-15 years.

| Registration             | Date            | Day | Time     | Fee (IC/OC) |
|--------------------------|-----------------|-----|----------|-------------|
| <a href="#">120403-A</a> | 3/15/22-4/19/22 | Tu  | 7-7:45PM | \$35/\$45   |

Location: ARCC at HCC



### HIGH SCHOOL RECREATIONAL FUTSAL

You must register by team. Teams made up of youth in grades 9-12 may register to participate in this Futsal Soccer League held at the HCC Gymnasium. This league will play on Sunday afternoons. Team Registrations only. For registration information, contact Duc Trieu at 240-313-2813. Separate boys and girls teams. Grades 8-12.

| Registration             | Date           | Day | Time   | Fee (IC/OC)    |
|--------------------------|----------------|-----|--------|----------------|
| 120505-A<br>Boys League  | 1/9/22-2/20/22 | Su  | 12-4PM | \$200 per team |
| 120505-B<br>Girls League | 1/9/22-2/20/22 | Su  | 12-4PM | \$200 per team |

Location: ARCC at HCC



### YOUTH BASKETBALL PROGRAM

#### FREE THROW CONTEST

Test your free throw abilities at our co-ed free throw contest. Contest is divided into different age groups and Recreation Staff volunteers will be on site to facilitate the contest. Please be sure to choose your proper age division. For ages 9-16 years. Co-ed.

| Registration             | Date    | Day | Time      | Fee (IC/OC) |
|--------------------------|---------|-----|-----------|-------------|
| <a href="#">130330-A</a> | 2/26/22 | Sa  | 10AM-12PM | \$15        |

Location: Rockland Woods Elementary



### YOUTH BASKETBALL PROGRAM

#### 3 POINT SHOOT OUT

Test your three-point abilities at our co-ed 3 point shootout contest. The contest is divided into different age groups and staff and volunteers will be on-site to facilitate the contest. Please be sure to choose your proper age division. For ages 12-16 years. Co-ed.

| Registration             | Date   | Day | Time      | Fee (IC/OC) |
|--------------------------|--------|-----|-----------|-------------|
| <a href="#">130327-A</a> | 3/5/22 | Sa  | 10AM-12PM | \$15        |

Location: Rockland Woods Elementary



## YOUTH PROGRAMS



### INTRODUCTION TO ROLLER SKATING

Youth Roller Skating is an introduction to roller skating. Focusing on the fundamentals of roller skating and teaches youth how to skate in a fun and safe environment. Participants will have the opportunity to practice their new skills during skating activities and free skate. For ages 3-10 years.

| Registration             | Date & Location                            | Day | Time        | Fee  |
|--------------------------|--|-----|-------------|------|
| <a href="#">120303-A</a> | 1/18/22-2/22/22<br>Turner's Skate Palace   | Tu  | 5:30-6:30PM | \$60 |
| <a href="#">120308-A</a> | 1/14/22-2/18/22<br>Starland Skating Center | F   | 6-7PM       | \$60 |
| <a href="#">120303-B</a> | 3/8/22-4/12/22<br>Turner's Skate Palace    | Tu  | 5:30-6:30PM | \$60 |
| <a href="#">120308-B</a> | 3/4/22-4/8/22<br>Starland Skating Center   | F   | 6-7PM       | \$60 |

### INTRODUCTION TO SPEED SKATING

This program will introduce participants to track awareness, proper speed skating body position, basic start instruction, basic understanding of speed skating strategies, and introduction to basic speed skating drills. This program will be open to quads (traditional skates), roller blades and inline skates. Required equipment is a protective helmet. Suggested equipment includes wrist guards, elbow pads, and knee pads. For ages 5-14 years.

| Registration             | Date & Location                          | Day | Time        | Fee  |
|--------------------------|--|-----|-------------|------|
| <a href="#">130103-A</a> | 1/17/22-2/21/22<br>Turner's Skate Palace | M   | 5:30-6:30PM | \$60 |
| <a href="#">130103-B</a> | 3/14/22-4/18/22<br>Turner's Skate Palace | M   | 5:30-6:30PM | \$60 |



## YOUTH & TEEN PROGRAMS



### TEEN LEADERSHIP ACADEMY

In this 6-week program, teens will be introduced to and discuss youth leadership skills and concepts and have the opportunity to practice them through exercise, games, and role play experiences. Some of the topics being included are decision-making, goal setting, relationship building, communication and citizenship. It is our hope that this program helps prepare our participants for real world opportunities in their communities and workplace. For ages 13-17 years.

| Registration             | Date            | Day | Time  | Fee (IC/OC) |
|--------------------------|-----------------|-----|-------|-------------|
| <a href="#">150407-A</a> | 2/14/22-3/28/22 | M   | 7-8PM | \$30        |

Location: ARCC at HCC (classroom)

### TEEN CHATBOX

Are you a teen that would like to be more comfortable talking in groups? Do you want to learn about other local teens and share in friendly discussions, while learning tips for and practicing public speaking? If so, join us for the weekly Teen Chatbox at the Hagerstown Community College ARCC. For ages 13-17 years.

| Registration             | Date           | Day | Time  | Fee (IC/OC) |
|--------------------------|----------------|-----|-------|-------------|
| <a href="#">150705-A</a> | 3/28/22-5/9/22 | M   | 7-8PM | \$30        |

Location: ARCC at HCC (classroom)

### TEEN BOOK CLUB -- CANCELED

Are you a teen that likes to read? Join the WCRD Book Club to share favorite books and read together. Throughout our reading we will discuss the topics that we have read. For ages 13-17 years.

| Registration             | Date            | Day | Time        | Fee (IC/OC) |
|--------------------------|-----------------|-----|-------------|-------------|
| <a href="#">150706-A</a> | 2/15/22-5/10/22 | Tu  | 5:30-6:30PM | \$30        |

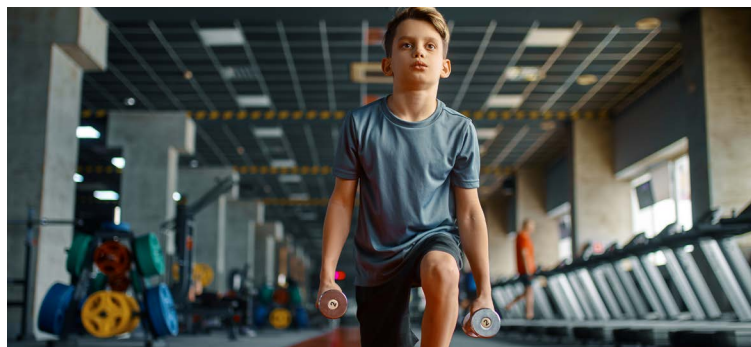
Location: ARCC at HCC (classroom)

### TEEN GAME CLUB

Join the WCRD Game Club and relax with friends and make new friends over your favorite board and card games at our weekly gaming sessions. Games will be provided or you can bring your favorites to share with the group. For ages 13-17 years.

| Registration             | Date            | Day | Time        | Fee (IC/OC) |
|--------------------------|-----------------|-----|-------------|-------------|
| <a href="#">150707-A</a> | 3/29/22-5/10/22 | Tu  | 6:30-8:30PM | \$30        |

Location: ARCC at HCC (classroom)



### TEEN FITNESS ACADEMY

A 8-week introduction to and application of several personal fitness topics including but not limited to exercise, nutrition, health care, good sleeping habits, stress management. This program will include the setting of fitness goals and developing a fitness plan. The goal of this program is to educate participants and encourage them to experience positive fitness results and achieve their goals. For ages 13-17 years.

| Registration             | Date            | Day | Time        | Fee (IC/OC) |
|--------------------------|-----------------|-----|-------------|-------------|
| <a href="#">150402-A</a> | 3/22/22-5/10/22 | Tu  | 7:30-8:30PM | \$30        |

Location: ARCC at HCC (classroom)



### DROP-IN YOUTH DODGEBALL

Join the Washington County Recreation Department for an evening of fun and friendly Recreational Dodgeball. This is a staff supervised event. Pre-Registration is not required. The Cash Only Registration Fee will be accepted at the door. For ages 10-16 years.

| Registration | Date    | Day | Time        | Fee (IC/OC) |
|--------------|---------|-----|-------------|-------------|
| n/a          | 3/11/22 | F   | 6:30-7:30PM | \$3         |
| n/a          | 4/8/22  | F   | 6:30-7:30PM | \$3         |
| n/a          | 5/20/22 | F   | 6:30-7:30PM | \$3         |

Location: Maugansville Elementary

| Registration | Date    | Day | Time        | Fee (IC/OC) |
|--------------|---------|-----|-------------|-------------|
| n/a          | 3/21/22 | M   | 6:30-7:30PM | \$3         |
| n/a          | 4/11/22 | M   | 6:30-7:30PM | \$3         |
| n/a          | 5/9/22  | M   | 6:30-7:30PM | \$3         |

Location: Rockland Woods Elementary



SAVE THE DATE

# Save the date!

## March 12, 2022



A fitness event in honor of Dan McDougal, M.D.

**Clover Kids Run, 1-Mile Run/Walk, 5K Run/Walk & 8K Run Options**



Mark your calendars for this family-fun event in downtown Hagerstown! Information will be provided closer to the event date. Follow our social media or [www.washcorefit.com](http://www.washcorefit.com) for updates on this special event.



## ADULT FITNESS PROGRAMS



### Adult Fitness Programs

#### STEP BODY CONDITIONING

An easy-to-follow cardio toning workout using a step box, together with body conditioning exercises to burn calories and strengthen and tone muscles in the entire body. For ages 16+.

| Registration             | Date            | Day | Time     | Fee (IC/OC/S)  |
|--------------------------|-----------------|-----|----------|----------------|
| <a href="#">130304-A</a> | 1/11/22-3/1/22  | Tu  | 5:30-6PM | \$30/\$40/\$24 |
| <a href="#">130304-B</a> | 3/15/22- 5/3/22 | Tu  | 5:30-6PM | \$30/\$40/\$24 |

Location: Maugansville Elementary

#### CHISEL AND CHILL

Facilitated by ACE certified instructor, Gene Raby, this program teaches body conditioning with a touch of Tai Chi, stretching and calming. For ages 16+.

| Registration             | Date           | Day | Time     | Fee (IC/OC/S)  |
|--------------------------|----------------|-----|----------|----------------|
| <a href="#">130311-A</a> | 1/12/22-3/2/22 | W   | 5:30-6PM | \$30/\$40/\$24 |
| <a href="#">130311-B</a> | 3/16/22-5/4/22 | W   | 5:30-6PM | \$30/\$40/\$24 |

Location: Maugansville Elementary

#### SASSY SENIORS

This class is for seniors who are young at heart. Latin Dance will be incorporated with Muscle Toning and Balance Exercises to ensure a great workout.. For ages 55+.

| Registration             | Date           | Day | Time       | Fee (S) |
|--------------------------|----------------|-----|------------|---------|
| <a href="#">130303-A</a> | 1/10/22-3/2/22 | M,W | 9-9:45AM   | \$35    |
| <a href="#">130303-B</a> | 1/10/22-3/2/22 | M,W | 10-10:45AM | \$35    |
| <a href="#">130303-C</a> | 3/14/22-5/4/22 | M,W | 9-9:45AM   | \$35    |
| <a href="#">130303-D</a> | 3/14/22-5/4/22 | M,W | 10-10:45AM | \$35    |

Location: HCC Fitness Center

#### SPIN CYCLING

Try indoor cycling to incinerate calories and sweat off those extra pounds. Bring a towel and bottle of water to class. You will need it!

| Registration             | Date            | Day   | Time        | Fee (IC/OC/S)  |
|--------------------------|-----------------|-------|-------------|----------------|
| <a href="#">130317-A</a> | 1/11/22-3/3/22  | Tu,Th | 5:30-6:15PM | \$45/\$55/\$36 |
| <a href="#">130317-B</a> | 3/22/22-5/12/22 | Tu,Th | 5:30-6:15PM | \$45/\$55/\$36 |

Location: HCC Fitness Center

#### ZUMBA

ZUMBA fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. ZUMBA Fanatics achieve long term benefits while experiencing an absolute blast in one exhilarating caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate. Zumba classes do vary, so please note class locations, times, and fees. Adult ZUMBA class times and locations are listed on this page. Participants under 18 yr must be accompanied by an adult.

| Registration             | Date & Location                           | Day   | Time     | Fee (IC/OC/S)  |
|--------------------------|---|-------|----------|----------------|
| <a href="#">130325-A</a> | 1/11/22-3/3/22<br>Maugansville Elementary | Tu,Th | 6:15-7PM | \$45/\$55/\$36 |
| <a href="#">130329-A</a> | 1/8/22-2/26/22<br>Ruth Ann Monroe         | Sa    | 9-9:45AM | \$30/\$40/\$24 |
| <a href="#">130324-A</a> | 1/10/22-3/2/22<br>Rockland Woods          | M,W   | 5:15-6PM | \$45/\$55/\$36 |
| <a href="#">130325-B</a> | 3/15/22-5/5/22<br>Maugansville Elementary | Tu,Th | 6:15-7PM | \$45/\$55/\$36 |
| <a href="#">130329-B</a> | 3/19/22-5/7/22<br>Ruth Ann Monroe         | Sa    | 9-9:45AM | \$30/\$40/\$24 |
| <a href="#">130324-B</a> | 3/14/22-5/4/22<br>Rockland Woods          | M,W   | 5:15-6PM | \$45/\$55/\$36 |

#### FULL BODY WORKOUT

This 30 minute class will use your body weight combined with plyometric and cardio movements. It is designed to burn calories, tone and build muscle. No equipment or experience required, but be sure to bring a towel and water!

| Registration             | Date            | Day   | Time        | Fee (IC/OC/S)  |
|--------------------------|-----------------|-------|-------------|----------------|
| <a href="#">130316-A</a> | 1/11/22-3/3/22  | Tu,Th | 6:20-6:50PM | \$45/\$55/\$36 |
| <a href="#">130316-B</a> | 3/22/22-5/12/22 | Tu,Th | 6:20-6:50PM | \$45/\$55/\$36 |

Location: HCC Fitness Center

#### H.I.I.T. INTERVAL TRAINING

This class offers a workout incorporating functional, full-body strength training exercises into an high intensity interval training format. We will alternate burst of intense work with rest in order to burn fat. Body weight and light dumbbell work will be utilized for a beginner to intermediate workout.

| Registration             | Date            | Day | Time        | Fee (IC/OC) |
|--------------------------|-----------------|-----|-------------|-------------|
| <a href="#">130314-A</a> | 1/10/22-2/28/22 | M   | 5:30-6:15PM | \$30/\$40   |
| <a href="#">130314-B</a> | 3/14/22-5/2/22  | M   | 5:30-6:15PM | \$30/\$40   |

Location: HCC Fitness Center

#### WALKING CLUB MEMBERSHIP AT HCC

This program has no instructor. Participants under 16 yrs of age must be accompanied by an adult. Walk at your convenience on the indoor track at HCC during the times listed below. Track may be closed without notification due to HCC Athletics or events.

**(Daytime) Monday-Friday 7AM - 3PM, Evening Tue/Thurs 6:30-8PM**

| Registration             | Date            | Day               | Time | Fee (IC/OC) |
|--------------------------|-----------------|-------------------|------|-------------|
| <a href="#">130350-A</a> | 1/10/22-5/13/22 | see above in bold |      | \$5         |



## ADULT FITNESS & SPORTS PROGRAMS

### RHYTHM IS GONNA GETCHA

Get fit with Cardio and Toning movements set to Pop and Classic Rock while adding a twist of Salsa to the mix.

| Registration             | Date            | Day   | Time        | Fee (IC/OC/S)  |
|--------------------------|-----------------|-------|-------------|----------------|
| <a href="#">130322-A</a> | 1/11/22-3/3/22  | Tu,Th | 5:30-6:15PM | \$45/\$55/\$36 |
| <a href="#">130322-B</a> | 3/22/22-5/12/22 | Tu,Th | 5:30-6:15PM | \$45/\$55/\$36 |

Location: Ruth Anne Monroe

### TOTAL FITNESS WORKOUT

Low impact cardio class where participants can define a personal workout to suit their fitness needs. Muscle toning and stretching are done at the end of each class.

| Registration             | Date            | Day   | Time       | Fee (IC/OC/S)  |
|--------------------------|-----------------|-------|------------|----------------|
| <a href="#">130305-A</a> | 1/11/22-4/28/22 | Tu,Th | 10-10:50AM | \$65/\$75/\$52 |
| <a href="#">130305-B</a> | 1/11/22-4/28/22 | Tu,Th | 9-9:50AM   | \$65/\$75/\$52 |
| <a href="#">130312-A</a> | 1/10/22-4/27/22 | M,W   | 6-7PM      | \$65/\$75/\$52 |

Location: Williamsport Community Center

### BALLROOM DANCE

Couples will learn to Waltz, Foxtrot, Rumba and Swing. Come join us for lots of fun learning how to dance. Participants must sign up as a couple.

| Registration             | Date           | Day | Time   | Fee (IC/OC) |
|--------------------------|----------------|-----|--------|-------------|
| <a href="#">130333-A</a> | 1/8/22-2/26/22 | Sa  | 9-10AM | \$45/\$55   |

Location: HCC Fitness Center

### ADULT TAP DANCE

Tap shoes are required. This program is intended for adult participants. Tap dance experience and/or completion of the Beginner Tap Dance program is recommended.

| Registration             | Date            | Day | Time  | Fee (IC/OC/S)  |
|--------------------------|-----------------|-----|-------|----------------|
| <a href="#">130337-B</a> | 1/25/22-5/17/22 | Tu  | 7-8PM | \$45/\$55/\$36 |

Location: Pangborn Elementary School

### ADULT TAP DANCE (BEGINNER)

Tap shoes are required. This program is intended for adult participants. No experience necessary this is a beginner level program.

| Registration             | Date           | Day | Time          | Fee (IC/OC/S)  |
|--------------------------|----------------|-----|---------------|----------------|
| <a href="#">130337-A</a> | 1/8/22-2/26/22 | Sa  | 10:30-11:30AM | \$30/\$40/\$24 |

Location: HCC Fitness Center



## Adult Sports Programs

### ADULT SHOTOKAN KARATE

The basic objectives of these traditional Japanese Karate classes are to develop character while physically and mentally strengthening and conditioning the individual. Instruction is lead by Robert O'Brien. Uniform and testing are optional and require additional fees.

| Registration             | Date            | Day   | Time        | Fee (IC/OC) |
|--------------------------|-----------------|-------|-------------|-------------|
| <a href="#">130411-A</a> | 1/11/22-4/28/22 | Tu,Th | 7:30-8:30PM | \$75/\$85   |

Location: Ruth Ann Monroe

### ADULT INDOOR PICKUP FUTSAL SOCCER

This pick-up league will focus on recreational, non-competitive soccer for adults 18 years of age & older. Participants must register individually. Participants must register prior to the start of the league. No walk-in registrations will be accepted.

| Registration             | Date            | Day | Time  | Fee (IC/OC) |
|--------------------------|-----------------|-----|-------|-------------|
| <a href="#">130502-A</a> | 1/9/22-2/20/22  | Su  | 7-9PM | \$30/\$40   |
| <a href="#">130502-B</a> | 3/10/22-4/28/22 | Th  | 7-9PM | \$30/\$40   |

Location: ARCC at HCC

### WOMEN'S SELF DEFENSE CLASS

Join Instinctive Defense's Carol Ann Williams for a Women's Self Defense program. In this program you will learn the basics of self-defense and how to handle yourself in stranger situations. You will learn how to survive an attack in a compromised position as well as not become a target of attack. You will learn how to defend yourself in real life scenarios through an introduction to basic Jiu Jitsu performing both standing and ground techniques on the "Bad Guy". Class space is limited so register early.

| Registration             | Date           | Day | Time  | Fee (IC/OC) |
|--------------------------|----------------|-----|-------|-------------|
| <a href="#">130306-A</a> | 2/23/22-3/9/22 | W   | 6-8PM | \$120       |

Location: HCC Fitness Center

## Community FitLOT Program

### Community FitLOT Program at the Senior Center, Hagerstown

The FitLot Outdoor Fitness Park was thoughtfully designed for all ages and abilities to use in a community setting making the benefits of an indoor facility free and accessible to everyone. This program is available for anyone who is interested in learning how they can take advantage of this community fitness equipment. This is not just for seniors but any interested adults. The FitLot is located at 535 East Franklin Street, Hagerstown, MD. 21740. Bring a personal supply of water and a towel. This is a FREE program.

**Date:** 4/22/22 - 6/3/22 (M&F) **Time:** 9AM - 10AM

**Date:** 4/22/22 - 6/3/22 (W&F) **Time:** 10AM - 11AM

## ADULT FITNESS & SPORTS PROGRAMS



### DROP-IN ADULT PICKLEBALL

Players of all abilities and levels are welcome to attend drop-in programs. There is no formal instruction during any drop-in program. No pre-registration is required. The Recreation Attendant will monitor the program. This program is co-ed. Join us for Drop-in Pickleball.

| Registration | Date    | Day | Time  | Fee (IC/OC) |
|--------------|---------|-----|-------|-------------|
| n/a          | 1/29/22 | Sa  | 6-8PM | \$5         |
| n/a          | 3/5/22  | Sa  | 6-8PM | \$5         |

Location: Leitersburg Community Center

### DROP-IN VOLLEYBALL - PANGBORN

Players of all abilities and levels are welcome to attend drop-in programs. There is no formal instruction during any drop-in program. No pre-registration is required. The Recreation Attendant will monitor the program. This program is co-ed. This pick-up league will focus on recreational, non-competitive play.

| Registration | Date    | Day | Time  | Fee (IC/OC) |
|--------------|---------|-----|-------|-------------|
| n/a          | 2/4/22  | F   | 6-8PM | \$3         |
| n/a          | 3/25/22 | F   | 6-8PM | \$3         |
| n/a          | 5/13/22 | F   | 6-8PM | \$3         |

Location: Pangborn Elementary School

### ADULT DROP-IN DODGEBALL - MAUGANSVILLE

When you look like an adult but act like a kid this is the perfect activity for you. Relive your gym class glory days and join us for an evening of Adults Only Dodgeball. We will be using coated foam dodgeballs, not the rubber stingers of the "Good Ole' Days" This is a drop-in program and all levels of skill and ability are welcome. Oh yeah, make sure to stretch!

| Registration | Date    | Day | Time        | Fee (IC/OC) |
|--------------|---------|-----|-------------|-------------|
| n/a          | 3/11/22 | F   | 7:30-8:30PM | \$3         |
| n/a          | 4/8/22  | F   | 7:30-8:30PM | \$3         |
| n/a          | 5/20/22 | F   | 7:30-8:30PM | \$3         |

Location: Maugansville Elementary



### ADULT DROP-IN DODGEBALL - ROCKLAND WOODS

When you look like an adult but act like a kid this is the perfect activity for you. Relive your gym class glory days and join us for an evening of Adults Only Dodgeball. We will be using coated foam dodgeballs, not the rubber stingers of the "Good Ole' Days" This is a drop-in program and all levels of skill and ability are welcome. Oh yeah, make sure to stretch!

| Registration | Date    | Day | Time        | Fee (IC/OC) |
|--------------|---------|-----|-------------|-------------|
| n/a          | 3/21/22 | M   | 7:30-8:30PM | \$3         |
| n/a          | 4/11/22 | M   | 7:30-8:30PM | \$3         |
| n/a          | 5/9/22  | M   | 7:30-8:30PM | \$3         |

Location: Rockland Woods

### ADULT CO-REC VOLLEYBALL - INTERMEDIATE & RECREATIONAL DIVISIONS

Teams of men & women, 16 years of age and older, with rosters that consist of a minimum of 6 players & a maximum of 10 players, will be divided into divisions depending on the skill levels and experience of their teams. The league will play at ARCC on Hagerstown Community College campus. Due to facility/scheduling restrictions only a limited number of teams will be accepted. Teams will be accepted on a first-come-first-serve basis. Online registration is available. REGISTRATION DEADLINE: WEDNESDAY, DECEMBER 29, 2021!

#### INTERMEDIATE DIVISION

| Registration | Date           | Day | Time  | Fee (IC/OC) |
|--------------|----------------|-----|-------|-------------|
| 130501-B     | 1/9/22-2/20/22 | Su  | 5-8PM | \$145/\$165 |

Location: HCC ARCC

#### RECREATION DIVISION

| Registration | Date           | Day | Time  | Fee (IC/OC) |
|--------------|----------------|-----|-------|-------------|
| 130501-C     | 1/9/22-2/20/22 | Su  | 5-8PM | \$145/\$165 |

Location: HCC ARCC

### ADULT DROP-IN BASKETBALL

Players of all abilities and levels are welcome to attend drop-in programs. There is no formal instruction during any drop-in program. No pre-registration is required. The Recreation Attendant will monitor the program. This program is co-ed. Teams will be determined upon arrival and players will rotate out as needed. This pick-up league will focus on recreational, non-competitive basketball

| Registration | Date   | Day | Time     | Fee (IC/OC) |
|--------------|--------|-----|----------|-------------|
| n/a          | 1/8/22 | Sa  | 9AM-12PM | \$3         |

Location: Pangborn Elementary

| Registration | Date    | Day | Time     | Fee (IC/OC) |
|--------------|---------|-----|----------|-------------|
| n/a          | 2/12/22 | Sa  | 9AM-12PM | \$3         |

Location: Rockland Woods Elementary

| Registration | Date    | Day | Time     | Fee (IC/OC) |
|--------------|---------|-----|----------|-------------|
| n/a          | 3/12/22 | Sa  | 9AM-12PM | \$3         |

Location: Rockland Woods Elementary



# Holiday Closings

Wednesday 12/22/21

Thursday 12/23/21

Friday 12/24/21

Saturday 12/25/21

Sunday 12/26/21

Monday 12/27/21

Tuesday 12/28/21

Wednesday 12/29/21

Thursday 12/30/21

Friday 12/31/21

Saturday 1/1/22

Sunday 1/2/22

Monday 1/17/22

Monday 2/21/22

Friday 4/15/22

Saturday 4/16/22

Sunday 4/17/22

Recreational Programs will not be available during the dates listed. For weather cancellations, please call the Weather Hotline (240)313-2811.



## Registration Form

Washington County Recreation Department  
11400 Robinwood Drive, Hagerstown, MD 21742  
Phone: 240.313.2805  
www.washcorecfit.com



Primary Head of Household \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Emergency Contact's Name \_\_\_\_\_ Emergency Contact's Phone \_\_\_\_\_  
Alternative Phone Number \_\_\_\_\_

### Program Registration

| Participant's Name | Gender | DOB | Program Name | Program # | Fee   |
|--------------------|--------|-----|--------------|-----------|-------|
|                    |        |     |              |           |       |
|                    |        |     |              |           |       |
|                    |        |     |              |           |       |
|                    |        |     |              |           |       |
|                    |        |     |              |           |       |
|                    |        |     |              |           |       |
|                    |        |     |              |           | TOTAL |

- ☐ Cash
- ☐ Check or Money Order
- ☐ Credit Card (fill out the information below)

**Make checks payable to:  
Washington County Treasurer.**

Drop off or mail registration & payment to:  
Washington County Recreation Department  
11400 Robinwood Dr. Hagerstown, MD  
21742

Located in the ARCC gymnasium  
Hagerstown Community College;  
2nd Floor Room 227  
CONTACT: 240-313-2805  
FAX: 240-313-2806  
WEB: www.WashcoRecFit.com

|                         |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|
| NAME ON CARD            |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| CARD ADDRESS            |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| ZIP CODE                |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| CARD NUMBER             |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| EXPIRATION DATE (MM/YY) |  |  |  | / |  |  |  |  |  |  |  |  |  |  |  |  |

Authorization for use of Visual Likeness: I do hereby consent and agree that the Washington County Recreation Department, its employees and agents have the right to record visual images of the above individual (s) for the purpose of promoting and publicizing Department programs and events, and warrant that I have the authority to do so on their behalf. I hereby release to the Department all rights to exhibit this work in print and electronic form and waive any rights, claims, or interest they may have to control or receive compensation for the use of any likeness in whatever media used.

Waiver of liability for injuries: I understand that accidents may occur during participation in the recreation programs in which the above individual (s) are enrolled. I assume for them by their participation in these programs, the risk of injury or death. I will inform the Recreation Department of any injury as soon as practicable. I agree to release, hold harmless, indemnify, and covenant not to sue the Department, the County Commissioners, Washington County Public Schools, their agents, employees and volunteers for any loss or liability that may result or any claims that may arise out of these programs.

Signature: \_\_\_\_\_  
(Parent/Guardian's signature if participant is under the age of 18)

Date: \_\_\_\_\_



## REGISTRATION INFORMATION

### REGISTRATION FORM

1. Pick program(s) you are interested in and note the registration number.
2. Complete the registration form in the rec guide. Every form must be signed by participant or parent/guardian if under 18 years of age.

### ONLINE REGISTRATION

Webtrac is the Washington County Recreation Department's online registration system. This software provides our customers with an additional method of registering for most programs. Those with internet access can view program availability, register for programs, and view their program history 24 hours a day! You must open an online registration account by visiting [www.washcorecfit.com](http://www.washcorecfit.com). You will be required to select a username and password for your family/household. Once registered on Webtrac, you can "shop" for activity enrollment by selecting your programs, placing them in your shopping cart, and checking out using a Visa, Mastercard or Discover to complete your transaction on our secured site. Upon completion of event registration you will be issued an e-mail receipt and notification. You must make complete payment at time of registration. Partial payments will not be accepted. If you need assistance with online registration you may call the Washington County Recreation Department Office at 240-313-2805. In the event that you have forgotten your password, you may use the password recovery link on the login page to retrieve your password.  
Phone: 240-313-2805 (Monday - Friday 7:30 a.m.-4:00 p.m.)

### PAYMENT

You must pay at time of registration. We accept checks (payable to Washington County Treasurer), cash, credit cards and money orders. Bank returned checks are subject to a \$25 processing fee.

### REGISTRATION CONFIRMATION

No confirmation will be sent. Your cancelled check is your receipt. You will only be notified if there is a problem processing your registration or if the program is cancelled. Please make a note of your program start date.

### FEE STRUCTURE

Resident - residing within the boundaries of Washington County, MD. Often referred to as "in-county." Nonresident - residing outside the boundaries of Washington County, MD. Often referred to as "out-of-county." Prorations and discounts will not be offered for partial participation in programming. Multiple day programs will not be discounted or prorated due to inability to attend. Proration for late registration will be at the discretion of the Department Director.

### REFUND POLICY

No refunds or transfers will be made after a program has started, except in the case of the participant's illness, supported by written documentation from the family physician. Credits will only be issued at the discretion of the Recreation Department Director. \*Note: A \$15 service charge per participant/per activity will be assessed for any participant who cancels or transfers.

### AGE POLICY

Program participants must be the advertised age for a program by the first day of the program. All age requirements are set to benefit the participants and to make the instruction consistent and safe.

### PERSONS REQUIRING SPECIAL ACCOMMODATIONS

Are requested to contact the Recreation office at 240-313-2805 voice/TDD at least 10 working days prior to the activity or special

event. Notification during registration (if earlier than 10 days) is preferred.

### INCLEMENT WEATHER POLICY/CLASS CANCELLATIONS

When HCC is closed, all programs held at that location are canceled! All other program locations: If weather is a concern it is the participants responsibility to call the Weather Hotline for cancellation announcements. Weather Hot-Line: 240-313-2811

### PROGRAM CANCELLATIONS

Sometimes excellent courses with super instructors are cancelled because too many people wait until the last minute to register. Our courses have to be cost-recoverable, and we need a minimum number of students enrolled before a class can run. Don't wait! Register now for a class of your choice. The Recreation Department reserves the right to cancel, postpone or combine classes for any reason found to be necessary by the staff. If insufficient enrollment causes an activity to be canceled, participants will receive a FULL REFUND. When a class is rescheduled by our department, no refunds will be given. Please allow 2 weeks for the processing of refunds.

### REGISTER EARLY!

Early program registration is encouraged because participant space is limited with each program. Registrations are accepted on a first come, first served basis. Pre-Registration is REQUIRED unless otherwise indicated. Please note, our special events are very popular and fill-up very quickly. Make sure you register early for special events in order to attend - most special events require that you have a ticket prior to the event date.

### PROGRAM LOCATION ADDRESSES

Leitersburg Community Center: 21427 Leiter Street, Hagerstown, MD 21742

Hagerstown Community College (HCC): 11400 Robinwood Drive, Hagerstown, MD 21742. The Fitness Center is on the 2nd floor of the ARCC. Please park in the parking lot to the left of the building. The tennis courts are located directly behind the ARCC with parking near the courts.

HCC Parking is limited to parking lots marked L1, L2 and L3 at the Hagerstown Community College for participants of classes and programs offered by the Washington County Recreation Department. The Athletic, Recreation, and Community Center (ARCC) is located on the campus of Hagerstown Community College

Fittlot Exercise Park: 535 Franklin St, Hagerstown, MD 21740

Doub's Woods Park: 1307 S. Potomac St., Hagerstown, MD 21740

Marty Snook Park: 17901 Halfway Blvd., Hagerstown, MD 21740

Regional Park: 20025 Mt. Aetna Rd., Hagerstown, MD 21740

Washington County Parks Department: 1307 S. Potomac St., Hagerstown, MD 21740 - (240) 313-2700

Agricultural Education Center: 7313 Sharpsburg Pike Boonsboro, MD 21713

Maugansville Elementary Community Recreation Facility: 18023 Maugans Ave. Maugansville, MD 21740

Rockland Woods Elementary Community Recreation Facility: 18201 Rockland Dr. Hagerstown, MD 21740

Ruth Ann Monroe Primary Community Recreation Facility: 1311 Yale Dr. Hagerstown, MD 21742

Pangborn Elementary Community Recreation Facility: 195 Pangborn Blvd. Hagerstown, MD 21742

Williamsport Community Center: 11 Park Rd., Williamsport, MD 21795