



HEALTH CARE **FLEXIBLE SPENDING ACCOUNT**

ELIGIBLE CLAIM LIST

- Acupuncture services
- Air conditioners, if medically necessary, but not central air conditioning
- Alcoholism treatment center expenses
- Ambulance services
- Artificial limbs/prostheses
- Auto equipment to assist the physically disabled
- Birth control pills prescribed by a doctor
- Bone marrow transplants
- Braille books and magazines, to the extent their cost exceeds the cost of regular printed editions
- Car controls for the handicapped
- Chiropractors' services within the scope of their licenses
- Christian Science practitioners
- Contact lenses not covered in full by a vision plan
- Contact lens solution
- Co-payments under the health plan
- Cosmetic surgery for a deformity from a congenital abnormality, an accident or trauma, or a disfiguring disease
- Costs of computer storage of medical records
- Cost of guide or guide dogs for persons who are visually or hearing impaired
- Costs of a note-taker for a hearing impaired child in school
- Crutches
- Deductibles and co-payments under medical, dental, and vision plans
- Dental expenses not covered by a dental plan
- Dentures
- Detoxification or drug abuse centers
- Drug addiction treatment
- Elevators in your home for the disabled, to the extent the cost exceeds the increased value of your home
- Eye examinations, frames, and lenses not covered by a vision plan
- Fees to use a swimming pool for exercises prescribed by a doctor to alleviate specific medical conditions such as rheumatoid arthritis
- Guide dogs and hearing trained animals
- Hearing exams, hearing aids, and batteries
- Home improvement expenses to accommodate a disabled person (e.g. wheelchair ramps, special railings, lowering cabinets, etc.)
- Household visual alert systems for the hearing impaired
- Infertility
- Kidney transplant costs
- Laboratory fees
- Laetrile prescribed by a doctor, purchased and used legally
- Lamaze for mother and coach
- Laser eye surgery
- Lead based paint removal, in certain cases if accessible to a child with lead poisoning
- Learning disability, tuition, fees, tutoring fees (must be doctor recommended)
- Legal abortion
- Medically necessary mattresses and boards
- Nursing services
- Occlusal guards prescribed by a dentist
- Organ donation expenses
- Orthodontia (reimbursed on date of payment)
- Orthopedic shoes, to the extent their cost exceeds the cost of normal shoes
- Out-of-pocket costs for eligible medical and dental expenses
- Over-the-Counter Drugs, that are medically necessary
- Oxygen equipment and oxygen to relieve a medical condition
- Physical and occupational therapy as medical treatment
- Physical examinations
- Prescriptions
- Psychologists' services within the scope of their licenses
- Remedial reading and language training, in certain cases
- Respirators
- Radiation treatments
- Saline Solution
- Some special schooling for the disabled
- Special equipment for the disabled
- Special devices, such as tape recorders and typewriters, for the visually impaired
- Sterilization surgery
- Stop-Smoking Programs
- Support hose that is medically necessary
- Transportation, mileage, tolls & parking for the purpose of medical treatment
- Vaccinations and immunizations
- Vasectomy
- Water fluoridation devices when recommended by your dentist
- Wheelchairs
- Wigs where necessary for the mental health of someone who loses hair because of a disease
- X-rays

Eligible Over-The-Counter Medicines

- Antiseptics
 - Antiseptic wash or ointment or scrapes
 - Benzocaine swabs
 - Boric acid powder
 - First aid wipes
 - Hydrogen peroxide
 - Iodine tincture
 - Rubbing alcohol
- Asthma Medications
 - Bronchodilator/Expectorant tablets
 - Bronchial asthma inhalers
- Cold, Flu, and Allergy Medications
 - Allergy medications
 - Cold relief syrup
 - Cough drops
 - Cough syrups
 - Flu relief tablets or liquids
 - Medicated chest rub
 - Nasal decongestant inhale, spray, or drops
 - Nasal strips to improve congestion
 - Sinus medications
 - Vapor patch cough suppressant
- Diabetes
 - Diabetic lancets, supplies, and test strips
 - Glucose meters
- Ear/Eye Care
 - Ear drops for swimmers
 - Ear water-drying aid
 - Ear wax removal drops
 - Hearing aid batteries
 - Contact lenses solution
- Health Aids
 - Antifungal treatments
 - Denture adhesives
 - Diuretics and water pills
 - Hemorrhoid relief
 - Incontinence supplies
- Lice control
- Medicated bandages
- Motion sickness tablets
- Sleeping aids
- Smoking cessation
- Yeast infection treatments
- Pain Relief
 - Arthritis pain reliever
 - Bunion and blister treatments
 - Itch relief
 - Orajel
 - Pain relievers, aspirin and non-aspirin
 - Throat pain medications
- Personal Test Kits
 - Cholesterol tests
 - Colorectal cancer screening tests
 - Ovulation indicators
 - Pregnancy tests
- Skin Care
 - Acne medicines
 - Anti-itch lotion
 - Athletes foot medicines
 - Cold sore and blister medicines
 - Corn and callus removal medicines
 - Diaper rash ointment
 - Eczema cream
 - Wart removal medicines
- Stomach Care
 - Acid reducers
 - Antacid gum, liquid, and tablets
 - Anti-diarrhea medications
 - Gas relief medicines
 - Laxatives
 - Pinworm treatment
 - Prilosec
 - Upset stomach medications

Not Acceptable Over-The-Counter Medicines

- Aromatherapy
- Baby bottles and cups
- Baby oil
- Baby Wipes
- Cosmetics
- Cotton Swabs
- Dietary Supplements (Dr. Note needed)
- Dental Floss
- Deodorants
- Facial Care
- Feminine Care
- Fragrances
- Hair Regrowth
- Lotion
- Low "carb" foods
- Low calorie foods
- Make-Up
- Mouthwash
- Nail Care
- Oral Care
- Petroleum Jelly
- Powder
- Shampoo and Conditioner
- Shaving cream
- Skin Care
- Soap
- Spa Salts
- Sun Block
- Teeth Whitening
- Vitamins (Dr. Note needed)
- Toothbrushes and toothpaste

FLEXIBLE SPENDING ACCOUNT

INELIGIBLE EXPENSES

Healthcare FSA Not Allowed:

- Arch supports, knee & wrist braces (unless prescribed by a physician as medically necessary and then must be accompanied by letter of medical necessity with diagnosis).
- Breast pumps (unless medically necessary to care for a premature infant).
- Blood pressure machines (unless prescribed by a physician as medically necessary for constant monitoring of blood pressure due to a medical condition and then must be accompanied by letter of medical necessity with diagnosis).
- Cosmetic surgery/procedures.
- Skin care products that do not require a prescription (even if bought from the doctor).
- Dental bleaching or any other teeth whitening.
- Electrolysis or other hair removal.
- Hair transplant.
- Health club dues (unless prescribed by a physician as medically necessary to treat a specific medical condition and then must be accompanied by letter of medical necessity with diagnosis).
- Herbs.
- Humidifiers (unless prescribed by a physician as medically necessary and then must be accompanied by letter of medical necessity with diagnosis).
- Insurance premiums of any kind (may be reimbursable under a Premium Reimbursement Account or a Premium Conversion Plan, if your employer has implemented these plans).
- Massage therapy (unless prescribed by a physician to treat an injury, trauma or for rehabilitative purposes).
- Neck support pillows.
- Sonicare toothbrushes & replacement brushes.
- Tuition for special schools (unless it is a special school to treat a specific condition like blindness, speech, etc.).
- Weight loss programs & machines (unless prescribed by a physician as medically necessary to treat a specific medical condition and then must be accompanied by letter of medical necessity with diagnosis).

The following are not acceptable receipts for Healthcare:

- Credit card statements or credit card receipts.
- Canceled checks.
- Illegible receipts.
- Estimates of expenses.
- Statement balances and/or balance forwards.
- Receipts must have provider's name, address & phone number imprinted on the receipt and must have date and description of service, patient name and amount (medical receipts cannot just say medical or dental, it must describe service).