



## LONG MEADOW Night Run

### **Depart**

### **Arrive**

<u>Transfer Center</u>	<u>Fairground &amp; Potomac</u>	<u>Y.M.C.A.</u>	<u>Potomac &amp; Church</u>	<u>Transfer Center</u>
6:55 PM	7:00	7:05	7:10	7:12 PM
8:25 PM	8:30	8:35	8:40	8:42 PM