

## Laser Eye Surgery

If you are nearsighted, farsighted or affected by astigmatism, and are interested in Laser Eye Surgery, NVA offers a network of providers and significant discounts off usual and customary charges. The benefit is easy to use with:

- No claims forms to fill out
- No deductibles to meet
- No waiting period for coverage
- No need for reimbursements

Laser surgery providers can be located online at [www.e-nva.com](http://www.e-nva.com).



## Contact Lenses

Contact Fill, a contact lens mail order service, offers all major brand-name contact lenses at discounted prices, up to 30% below average retail prices. This is the only mail order provider that will allow you to use your vision benefit. You won't need to file a claim to receive your benefits.

### You will benefit from:

- Prices below major mail order companies' advertised prices
- Additional member savings offered from manufacturers, when available
- Easy, fast, convenient order placement and home delivery

### Order your contact lenses:

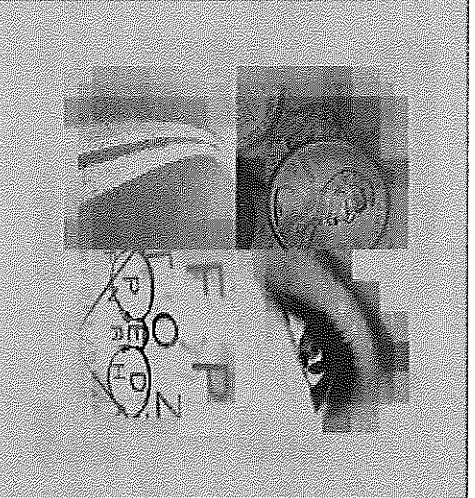
- Toll free at 1-866-234-1393
- Online at [www.contactfill.com](http://www.contactfill.com)
- Fax your prescription directly to 1-866-589-6969

Contact Fill will call your eye care professional to obtain your contact lens prescription and assist you to maximize your savings.

For answers to frequently asked questions or to see a sample of our pricing and the brands we carry, please visit [www.contactfill.com](http://www.contactfill.com).

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## Your Vision Benefit



### It's time to re-think Vision Care

- Is health and wellness important to you?
- Do you have school age children?
- Do you read often or use a computer?
- Does anyone in your family take prescription medications?
- Is saving money important?

Take a look....

Administered by:



NATIONAL VISION ADMINISTRATORS, L.L.C.  
[www.e-nva.com](http://www.e-nva.com)

## Why enroll in your Vision Benefit Program?

- **Vision and your health** - 38 disease states such as high blood pressure and rheumatoid arthritis present potential dangers to sight. An annual physical for your eyes can help catch the deterioration of your vision early enough to help prevent further damage and preserve your ability to see.
- Conversely, there are disease states such as diabetes that can be harmful to your sight and if diagnosed early through your annual eye exam further damage may be preventable.
- **Help your children in school** - Undiagnosed vision problems may lead to a child's inability to clearly see the board or reading materials and result in learning or behavioral issues at school. Fortunately, early detection through an annual exam can eliminate the problem resulting in greater success in school.
- **Eye strain from computer use** - Nearly 88% of computer users will experience eye problems and Computer Vision Syndrome (CVS). Symptoms of CVS include: eye strain, headaches and blurred vision as a result of extended computer use. General use glasses and/or contacts aren't always adequate for computer use.
- **Prescription drugs can affect your sight** - Medications used to treat 52 disease states such as cardiovascular disease, arthritis and osteoporosis may cause eye damage and therefore should be used in conjunction with regular eye exams.
- **Significant Savings** - NVA members save \$150 a year on average on their eye care needs. Multiply this by the number of individuals in your family and add the additional benefits you will gain by maintaining your vision health.

## What's different about your NVA program?

- Access to the nation's top vision care providers including local and national retailers
- Choice of ophthalmologist (MD) or Optometrist (OD)
- Unlimited frame selection
- Significant savings on lenses, frames and contacts
- Discounts on the latest options and enhancements
- Use your benefit to buy contact lenses via the internet
- No claims forms needed
- LASIK surgery discounts

### Easy to use

1. Select a provider of your choice and schedule an appointment.
2. When you receive services, simply indicate your benefit is administered by NVA.
3. Your provider and NVA will handle the rest.

Keep in mind, it is okay to receive your eye exam from one provider and your eyewear from a different provider.

### Program Benefits

Visit an NVA network provider for:

- Comprehensive Eye Exam
- Eyeglass Lenses
- Frames

